

***Week 1 always begins on the first Monday of the new month.

Week 1**	<u>Morning Snack</u>	<u>Lunch</u>	<u>Afternoon Snack</u>
Mon.	Jazzy Pretzels, Milk	Battered Fish Sticks, Green Beans, Tater Tots	Oatmeal Cookies, Juice
Tues.	Animal Crackers, Milk	Turkey Hoagies w/Lettuce, Ranch Beans, Chips	Cheese Crackers, Juice
Wed.	Fruiti O's, Milk	Breaded Steak Fingers, Mashed Potatoes, Golden Corn	Vanilla Wafers, Juice
Thurs.	Cinnamon Grahams, Milk	American Hot Dog & Bun, Oven Fries, Carrot Coins	Nachos, Juice
Fri.	Wheat Crackers, Milk	Italian Hamburger Pizza, Mixed Veggies, Fruit Cocktail	Trail Mix, Juice

Week 2	<u>Morning Snack</u>	<u>Lunch</u>	<u>Afternoon Snack</u>
Mon.	Cheerio's, Milk	Beef Stew w/Veggies, Golden Corn, Peach Cubes, Roll	Cinnamon Toast, Juice
Tues.	Vanilla Wafers	Burger on Bun, Leafy Lettuce, Oven French Fries	Cookies, Juice
Wed.	Snack Crackers	Chicken Alfredo, Green Beans, Veggie Medley, Roll	Ice Cream, Juice
Thurs.	Animal Crackers, Milk	Battered Chicken Nuggets, Mashed Potatoes, Carrot Cubes	Cheese Crackers, Juice
Fri.	Cinnamon Grahams, Milk	Italian Hamburger Pizza, Mixed Veggies, Fruit Cocktail	Mini Pretzels, Juice

Week 3	<u>Morning Snack</u>	<u>Lunch</u>	<u>Afternoon Snack</u>
Mon.	Jazzy Pretzels, Milk	Tomato Beef & Macaroni, Country Corn, Applesauce	Vanilla Wafers, Juice
Tues.	Wheat Crackers, Milk	Breaded Steak Fingers, Mashed Potatoes, Green Peas, Roll	Cheese Crackers, Juice
Wed.	Noah's Animal Crackers, Milk	Soft Tacos w/Lettuce, Ranch Beans, Pear cubes	Graham Crackers, Juice
Thurs.	Cinnamon Grahams	Burger on Bun, Diced Carrots, Oven French Fries	Nachos, Juice
Fri.	Fruiti O's, Milk	Italian Hamburger Pizza, Mixed Veggies, Fruit Cocktail	Trail Mix, Juice

Week 4	<u>Morning Snack</u>	<u>Lunch</u>	<u>Afternoon Snack</u>
Mon.	Wheat Crackers, Milk	Circus Corn Dogs, Diced Carrots, Green Peas, Roll	Ice Cream, Juice
Tues.	Cinnamon Grahams, Milk	Battered Fish Sticks, Green Beans, Golden Corn, Bread	Jazzy Pretzels, Juice
Wed.	Cheese & Crackers, Milk	Ham Hoagies w/Lettuce, Oven Fries, Applesauce	Potato Sticks, Juice
Thurs.	Vanilla Wafers, Milk	Spaghetti w/Meat Sauce, Buttered Broccoli, Peaches	Oatmeal Cookies, Juice
Fri.	Cheerio's, Milk	Italian Hamburger Pizza, Mixed Veggies, Fruit Cocktail	Cheese Crackers, Juice

Hoagie, Hot Dog & Hamburger buns provide two grain servings.

ORANGE - Grain Group

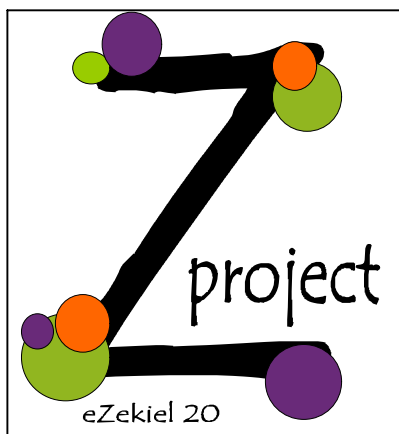
BLUE - Milk Group

GREEN - Vegetable Group

RED - Meat/Meat Alt. Group

PURPLE - Fruit Group

Black - Extra, Not Counted in Food Group Calculations



3/12/2010

SECOND SERVINGS FROM THE VEGETABLE, FRUIT, GRAIN, AND MILK GROUPS MUST BE AVAILABLE